### Your Physician has Joined Tandigm Health.

That means you can look forward to coordinated care that's focused on your needs.

Tandigm Health empowers primary care physicians by providing resources and clinical care support to enhance the doctor-patient relationship and provide high-quality, coordinated care.

As part of Tandigm Health, your physician will:

#### Manage your full "continuum of care"

Your physician will monitor and coordinate your overall care beyond the walls of the office — including specialists, diagnostic procedures, home care, hospital stays, and other care providers.

## Make sure you get the right care in the most appropriate care setting

Your physician will also be part of a broader care network providing you with improved care access for after-hours medical issues as well as preventive and chronic care services.

## Have access to more comprehensive and up-to-date patient data

Your physician will be able to see, at a glance, your medical history, including recent hospitalizations, medications, and other care received. This timely information helps inform your doctor's decisions about your care.

# To learn more, visit tandigmhealth.com







tandigm tradition meets innovation

## **tradition** meets **innovation**

The demands of today's fast-paced, highly-specialized health care environment have fragmented communication and care delivery among health care providers. This has made it difficult for your primary care physician to track your ongoing care needs effectively and efficiently.

Tandigm Health embraces the tradition of medicine with the primary care physician as the cornerstone of care. We collaborate with your doctor and provide innovative tools, support, and technology to enable them to focus on you, and eliminate gaps in care and communication.

## tradition

Primary care physician provides patientcentered care

At Tandigm Health, we emphasize wellness and taking care of small problems before they become big ones. Your doctor is able to practice with less hassles and have more time to spend with you. **innovation** Tandigm Health provides new resources, tools, and technologies to inform

decision making

As part of Tandigm Health, your doctor will have access to state-of-the-art tools and up-to-date patient data. This ensures that care is always provided according to best practice guidelines.



### New Approach to Better Care

Patients are often expected to navigate on their own — a complex maze of doctors, specialists, pharmacies, and insurance companies. Oftentimes this may result in confusion and subsequently the use of the emergency room for a non-critical care issue, or undergoing costly tests that may not be needed.

Tandigm Health is working to change all of that.

- Your primary care physician will be in a better position to manage your overall well-being, coordinating the care you receive from specialists, labs, the hospital, and other points of care.
- Our approach helps to ensure that you don't get unnecessary medical services at the emergency room or other points of care.
- If you are admitted to the hospital or require care elsewhere, our nurse navigators work with your physician as you transition to your home and continue the path to improved health.

### A Fresh Start in Health Care

Tandigm Health is a network of primary care physicians like no other in the Philadelphia region. It is a joint venture of two leading innovators in the health care industry, Independence Blue Cross and DaVita HealthCare Partners.

Tandigm's resources are considerable, and include an ever-growing number of dedicated physicians who have elected to be a part of an organization that has made coordinated patient care and better outcomes a priority.

The role of the primary care physician, which is vital to the diagnosis and remedy of patient health issues, had become diminished in an increasingly complex health care system.

Tandigm Health has broken through these barriers to provide patient-focused care and has brought the future into the here and now.

